

永明金融赤柱龍舟短途賽 2016

Sun Life Stanley Dragon Boat Short Course Races 2016

參賽備忘 Team Briefing Notes

15 June 2016 (English text follows)



- 1 比賽日期為 19-6-2016 (星期日)。這幾年報名非常踴躍，屢創新高，今年 168 隊 (中龍 94，小龍 42，大專 13)；大會在赤柱正灘設線道 8 條，出動兩組中龍；比賽將有 66 場之多。第一場比賽 8 時正開始。
- 2 賽前準備 – 除非特別聲明，否則請到本會網站(www.dragonboat.org.hk) 下載並熟讀參賽手冊，端午大賽規則內之條文，在本賽也適用。也請各隊負責人尤其要讓舵手、教練及隊長傳閱此文件。下文附有規則摘錄及特別附例。
- 3 帳篷 - 各隊必須自行向賽會預訂，租金為 500 元。否則不提供。各隊不能自行搭建。帳篷位置圖會在賽前兩天在本會網站和 Facebook 張貼。請留意有關廣告及旗幟的規限。帳篷沒有桌椅提供。如有必要可提早向大會租借。
- 4 由於賽程緊密，在此提醒各隊務必留意每次出場上線時間，另外各場比賽有可能提前舉行。每隊必需在起步前最少 20 分鐘由領隊向「詢問台」報到，並需全隊在有關線道對正之沙灘位置列隊就位，準備登艇。建議至少 10 分鐘前登艇。
- 5 如遇天氣或其他不利情況，大會可能會取消所有底層「名次賽」(遺材賽)，或執行「一次起步規則」，以進一步壓縮賽程。如發生這情況而取消決賽，則以復賽成績時間排名分發獎盃。
- 6 出艇「倒槳」時舵手請留意淺水區浮面之繩纜，尾舵要盡量提起，否則弄壞舵架須照價賠償，每個港幣 2000 元。
- 7 請盡量利用近防鯊網一邊的緩衝區駛往起點。
- 8 任何時候舵手應是最後一人離開，直至有工作人員或下一隊接管為止；舵手也應一直把龍舟保持與海岸線成 90 度角。在大風大浪日子這措施尤為重要。
- 9 中午時將舉行開幕點睛儀式，當嘉賓或司儀演講時請保持安靜，請勿打鼓，以示尊重。
- 10 下午為全部決賽，三時開始陸續頒獎。碟賽及以下的獎項請自行領取，不會廣播。
- 11 自 2011 年端午節起本會推出比賽成績即時透過 iPhone Apps 公布，得各方讚賞，今次將再接再厲。請留意本會網站公布。
- 12 所有大會器材必需歸還，包括鼓棒和划槳。有興趣購買者可向大會查詢。(本會另有多種器材出售，包括新舊柚木或玻璃纖維龍舟、龍頭、鼓棒、槳套 (槳包)、防水袋、衣褲等。)
- 13 請各隊留意環境衛生，在撤離時必需把帳篷內的圾垃一併帶到馬路旁的垃圾站。
- 14 由於當天賽會裁判團將採用遙控直升機拍攝比賽，大會禁止任何人士在賽道方圓 500 米範圍內使用任何形式的遙控飛行裝置拍攝。

- 15 今年所有「小龍」比賽，改用中龍(標準龍)作賽，但依照小龍所限數目，即 10 划手，該組別又叫「半標準龍」。請留意以下新附例。
- 16 賽會安排兩組中龍。敬請留意號碼牌以兩種不同顏色(黃、白色)來區別該兩組船，每場一種顏色。登船時聽從工作人員指示，以免登錯船而引起延誤。
- 17 本會主辦之端午龍舟大賽，規模宏大，如未有機會參與，歡迎免費領取舊場刊參考及指正。
- 18 本會將於 7 月 9 日舉辦「2016 赤柱龍舟障礙賽」，有關詳情請留意本會網頁。

多謝合作及垂注！祝各位成績美滿，盡興而歸！

赤柱居民會 / 赤柱龍舟協會謹啟

2016.6.15

重要規則摘錄 — 敬請留意：

- 1 中龍 (標準龍) 划手人數為 18 人，最少 12 人；小龍划手 10 人，最少 6 人
- 2 中龍混合組比賽女子划手必須為 8 至 12 位，小龍 4 至 6 位。鼓手及舵手性別不限。
- 3 各隊鼓手到達起步區後必需全部執起「頭繩」，然後裁判才會發出起步訊號。這幾年賽會已盡量貼近 IDBF 所定之國際規則來執行。
- 4 舵手不容許產生任何前進助划動力。因此，舵手不得推或拉「起步浮台」之金屬把手借力向前，以幫助起步，否則當作「舵手在比賽途中犯規」，該隊被取消該場資格。比賽不會召回重新起步。
- 5 起步口令為(英文) “Are You Ready” >> “Attention” >> “Go” (或氣笛)
- 6 起步過了 50 米標誌後如有撞船，一律不重賽，比賽繼續。
- 7 鼓手必須全程坐於特定椅上。容許鼓手不打鼓，但必須至少一手執鼓棒。
- 8 嚴禁敲打鼓身黑色部分。
- 9 過終點標誌杆後必須闔水停船，否則衝向沙灘人群非常危險，也會被取消資格。
- 10 如要對比賽提出抗議或上訴，一律依國際規定由領隊填寫 IDBF 標準表格兼繳交相關費用。此表格在司令台和詢問處均可索取，也可在本會網站下載。請大家盡情享受比賽，投訴抗議可免則免。所有隊伍與賽會之間的交涉，必須由「領隊」一人親身提出，不接受代言人；
- 11 運動員最小要年滿 12 歲；
- 12 除過江龍外，所有本地舵手必須配戴合格舵手證作賽。
- 13 各隊必須穿統一制服出賽 (鼓手舵手可獲寬待，但不鼓勵)，不接受赤身上陣。
- 14 除鼓棒及淘水用水殼外，所有器材由大會提供，包括划槳。但必須合乎規格；鼓棒兩端必須削圓，成半球狀；不可用私家槳。

特別附例

- 1 起步浮台安排採用「赤柱式起步」(又稱白點對齊法) - 到達起步浮台時舵手請立即手執把手(金屬欄杆)，並將舵手右邊船邊白點對齊金屬把手的白標記 (即起步浮台最前端，即第一支直桿，已包上白膠布為記)，但不能超越此標記。也直到起步訊號發出後才放手；
- 2 一旦在淺水區完成檢錄或相關程序，未經裁判同意，各龍舟上人員不得調換位置或換人，也不可與本艇以外人士交換任何物資；各隊應帶兩支後備槳上艇 (賽會可提供)。
- 3 如參賽隊要往返接駁海中遊艇或各類私家船隻與陸地，必須使用校長灣上落，即航校碼頭以南之小沙灘，不能進入或橫過賽道，也不得使用碼頭，否則被取消比賽資格。碼頭會用作裁判席。
- 4 中龍划手人數原為 18 人，只有部分加插的「特別賽事」除外，如大專邀請賽，因男女子隊同場較量，所以「純女子」隊伍在這情況下才特別准許多 2 位女划手。
- 5 賽道範圍不准游泳，包括淺水處緩緩區。
- 6 如小龍組別(或稱為「半標準龍」)採用中龍作賽，各隊划手必須坐在船中間。划手之間如有分隔，即一排座位懸空，全隊計算不容許多於一排懸空。
- 7 請各隊伍保持沙灘及環境清潔，切勿亂拋垃圾。

Sun Life Stanley Dragon Boat Short Course Races 2016

Team Briefing Notes

(Issued 2016.6.15)

- 1 The Event takes place on Sunday 19 June, 2016 at Stanley Main Beach. There will be 8 lanes, 2 sets of dragon boats and, 66 races. The first race will start at 8:00 am.
- 2 Team Preparations – please visit our website www.dragonboat.org.hk and familiar yourselves with “Race Manual”. Unless specified, Rules and Guidelines for Tuen Ng Festival (Main Race) also apply to this event. **Please circulate this important document to team members specially the steersman, coach and team captain.** Below please find a digest of some important rules as well as by-laws specific for the event.
- 3 Team Marquee (booth) – please book in advance with a charge of HK\$500. Otherwise it will not be provided. No personal marquees are allowed without authorization. Map of Marquees Location will be posted in our web site and Facebook at least 2 day before the event. Please note restrictions on advertisement and banner sizes. No chairs and tables provided unless pre-ordered from Organizer.

- 4 Due to tight schedule, teams are reminded to pay attention to racing time and get ready early. Please note that there is possibility of putting forward the racing schedule. All teams should have the Team Manager report to the "Information Booth" at least 20 minutes before each race (heat), with the team already lined up right in front of the respective water lanes, ready for marshalling and loading. We recommend teams to load the boat at least 10 minutes in advance.
- 5 In case of bad weather or other unfavorable conditions, "tail races" may be cancelled. In such circumstances, the Chief Official may announce also executing the "One-start Rule", so as to compress race programme further. In case a final is cancelled due to the above-mentioned situation, trophies will be decided by finishing time of finalists in previous rounds.
- 6 When backing off from the shore (back paddles), steerers should beware of ropes at shallow water area and thus should keep steering rudder off water to avoid the ropes from damaging steering rack. Otherwise compensation of HKD2,000 should be paid to the organizer for repairing fee.
- 7 Please paddle out to start line from the side buffer zone near the shark prevention net.
- 8 When reaching the shore, steerer should be the last person leaving the boat, and should wait for Officials or other steerer of the next team to take over. Steerer should also keep the boat 90 degrees to the shore line all the time. This is especially important during unfavorable weather.
- 9 There will be opening ceremony at noon. When VIP or MC is speaking, teams should pay attention and be respectful by keeping quiet and refraining from drumming.
- 10 All races in the afternoon are finals and from 3pm onward prize presentation takes place. However, all trophies for tail races, i.e. Plate Finals and below will NOT be called up through PA system.
- 11 Starting from the Main Race 2011 we developed mobile Applications (Please search for Stanley Dragon Boat 2016) for viewing race results. The App has been receiving positive feedback and we would keep up the momentum; you can access it through the main web site of the Organizer.
- 12 All official equipment must be returned after races, including drumsticks and paddles. Anyone interested in buying equipment, and making enquiries, are welcome. (Stanley Residents Assn also offers a wide range of products, like new and old dragon boats, wood-crafted dragonheads, drum-sticks, paddle bags, dry bags, gloves, outfit, etc.)
- 13 Please keep our beach clean. All teams should take the whole garbage bag in your marquee to the garbage collection point at Hoi Fung Path upon departure.
- 14 Due to deployment of remote control flying craft by the Judge Panel to film the race, the Organizer forbids any similar flying equipment/toy be used within 500-meter diameter around the race course.

- 15 Starting from this year, standard boats will be used in all our "Small Boat Races", with the number of paddlers following specific rules of the small boat races, i.e. 10 paddlers. As such, it is also called the "Half Standard Boat Race". Please read special by-laws below.
- 16 As two sets of boats will be deployed, we will use two different colours (white and yellow) for the number plates on the bow of the boats for easier identification. When loading the boats, please follow instructions of Race Officials and avoid boarding the wrong set of boat and causing delay for yourself and others.
- 17 As most of you may know, the Organizer also runs the Stanley International Dragon Boat Championships at Tuen Ng (Duen Wu) Festival and the scale is huge. If you have not got a chance to experience it yet, just pick up an old programme of last year at the information booth. It is free of charge.
- 18 "Dragon Roar" Stanley Dragon Boat Slalom 2016 will be held on 9 July 2016. Please visit our website for more details.

Thank you for your kind attention and co-operation.

Wish you all a fruitful and joyful day!

Yours truly,

Stanley Residents Assn/ Stanley Dragon Boat Assn

Digest of Racing Rules and Regulations of Stanley DBA

- please pay special attention:

- 1 Maximum 18 paddlers on board for Standard boats (except especial events), 10 for Small boats; Minimum 12 paddlers on board for Standard boats, 6 for Small boats.
- 2 In Mixed Category, there should be at least 8 but maximum 12 female paddlers (in comparison 4 and 6 respectively in Small Boat events.) Gender of drummer and steerer is not restricted.
- 3 Only when all drummers have picked up the "Bow Rope" should the start signal be given by the starter. It is our effort to make our Rules and Regs more closely in line with those of IDBF;
- 4 Steerers are NOT allowed to make any forward propulsion force during the race. As such, steerer pushing or pulling of the handrail "right after the start signal" to help the forward motion will result in his/ her team disqualified at the finish. There will NOT be a recall for race in this circumstance.

- 5 Starting signal is (called in English) "Are You Ready" >> "Attention" >> "GO" (or the horn).
- 6 After the 50 meter mark, if collision happens the race will carry on and there will NOT be any recall for start or re-race.
- 7 Drummers must sit on the designated seat during the race. Drummers NOT beating the drum will not be penalized, but at least one hand should hold a drum-stick.
- 8 Drummers are NOT allowed to hit the side of the drum (the part painted black).
- 9 Teams MUST immediately stop paddling and slow down by holding water after crossing the finishing line. Any boat that continues to approach the beach at speed risking injury to spectators and damage to boats will be disqualified.
- 10 All protests and appeals must be lodged in writing and submitted with the appropriate fee designed by the organizer, and must be signed by Team Manager. Standard IDBF Protest Forms & IDBF Appeal Forms will be available at the information booth. Please fully enjoy the race and avoid complaints and protest. All matters of the team dealing with the organizer should only be handled by the Team Manager in person.
- 11 All competitors must be at least 12 years old.
- 12 Except foreign teams specially come to HK for this event, with approval of the Organizer, all steerers must wear the Steerer Registration Card during the race.
- 13 All competitors must put on uniform.
- 14 Private bailers and drum-sticks are allow on the boat but must comply to restrictions. Private paddles are not allowed.

Special By-Laws of the Event

- 1 The "Stanley Start" arrangement will be adopted at the starting pontoon. Once at the starting pontoon, the steerer should hold the metal handrail and align the triangular white mark with the marker on the first vertical shaft of the handrail, and should NOT go beyond it. (The white triangular mark is on the right hand/starboard side of the gunnel right in front of him. The marker of the handle is same as the front edge of starting pontoon). The steerer should only release his hand after the start signal.
- 2 After marshalling procedures in shallow waters, once a team paddles out from the beach, no seating order or members should be changes; no material should be exchanged with another party, and no team should intentionally row towards an un-official vessel without the Chief Official's approval;
- 3 Any teams who need to shuttle between the shore and a private pleasure boat or vessel should use the Superintendent Beach for loading and unloading passengers, i.e. the small beach south of the Sea School pier. Any team found crossing or entering the race course with this kind of shuttle boat(s) or using the pier for such purpose will be disqualified. The pier will be used as

official stand and race control tower.

- 4 Swimming in shallow water area extending from the race course is NOT allowed.
- 5 If standard boat will be used in "Small Boat Races" (a.k.a. "Half Standard Boat Race"), all paddlers should sit together in the middle of the boat. If the team prefers to have empty seat(s) in between 2 rows of paddlers, there must not be more than one row of empty seats among the whole team.
- 6 Please keep the beach area tidy and clean. Do not throw trash.